



MMS TRACK AND FIELD 2021

Track season is here! Practice begins **Monday, March 29th**
Practice after school **Mon. - Thur. from 4:00-5:30**
Please make arrangements to pick students up promptly.

Join MMS Track and Field 2021 Team APP for communication and updates. See instructions on next page to join.

Students, please sign up for track using this Google Form: bit.ly/21MMStrack

Complete the following steps for your track athlete to participate:

1. Online Registration through Middleton Middle School Website

[MMS Track Registration Here](#)

- Athletic Eligibility Registration Form - Complete all information
- Physical Examination Form -*Physical Form - must be completed, signed by a doctor, and turned into the MMS Office before a student can practice.*
- Join Team APP for communication and updates. See information to join on the back of this letter.

2. Pay the sports fee through Skyward or the MMS bookkeeper, Mrs. Billet

- MMS Sports Fee

3. Order Team Uniform T-shirt at MMSspringsports2021.itemorder.com

- Athletic Heather Gray Team T-Shirt must be purchased from the online MMS Track Store!**

Sweatshirts, long sleeve T-shirts and other track related spirit items will be available for purchase.

Required Uniform:

- MMS Track Team shirt Athletic Heather Gray order at MMSspringsports2021.itemorder.com
- Navy blue shorts (Students can use shorts they already have)
- Tennis shoes or running shoes

Optional:

- Spikes are optional, but are NOT required. Please NO - "Vans" or flat bottomed shoes.

Goals for the MMS Track program include:

- Introduction to the sport of track and field
- Create a positive competitive experience
- Challenge athletes to discover where they excel

Track Team Eligibility:

- Attend practice Mon. - Thurs.
- If students are at school, they are expected to attend practices. Skipping practices will result in dismissal from the team. (A parent note will need to be given to the office if a student is at school and has to miss practice for an appointment).
- Attend all meets
- No F's academically to participate in meets

Dates to Keep in Mind:

Monday, March 29th- First MMS Track Practice 4:00-5:30

Thursday, April 15th - MMS Home Track Meet @ **Middleton High School**. Please sign up here to volunteer bit.ly/April15MMS

Thursday, April 29th - MMS Home Meet @ **Middleton Middle School**. Please sign up here to volunteer bit.ly/April29MMS

We are looking forward to another outstanding track season!

Coaches

Todd Thompson tthompson@msd134.com
Amber Simonich asimonich@msd134.org

Sarah Thompson sthompson@msd134.org
Kelly Stauffer kstauffer@msd134.org

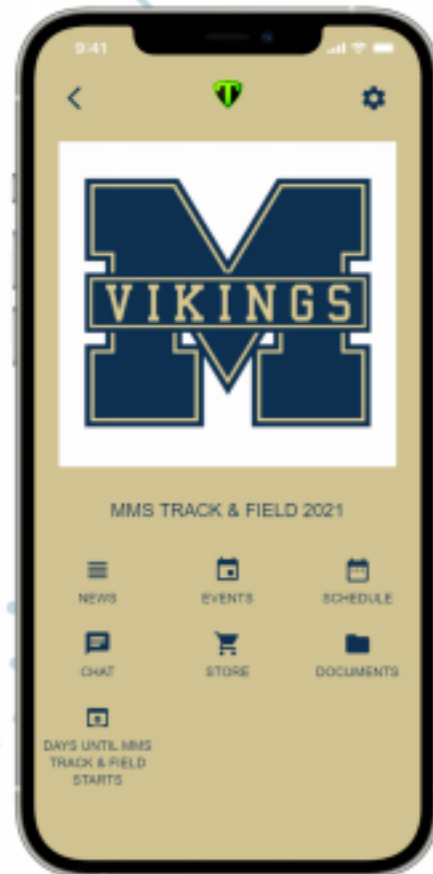


MMS Track & Field 2021

Join our app to stay up to date with our latest information - **it's free!**

Follow these steps to join our app:

1. Scan the QR code below & download Team App or visit www.teamapp.com.
2. Sign up to Team App and log in to your account.
3. Search for 'MMS Track & Field 2021' and request to join.



SCAN ME



Contact:
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