



# SEPTEMBER

## High School Blue & Gold

Monday	Tuesday	Wednesday	Thursday
6 <b>LABOR DAY</b>  <b>NO SCHOOL</b>	7 BREAKFAST BURRITO BAR FRUIT MILK - VARIETY SALSA KETCHUP	8 BACON RANCH CHICKEN BAKE LETTUCE SALAD FRUIT MILK - VARIETY	9 NACHOS TOPPINGS REFRIED BEANS BABY CARROTS CELERY STICKS FRUIT MILK - VARIETY
13 CHICKEN & POTATO BOWL WHOLE GRAIN ROLL FRUIT MILK - VARIETY	14 BURRITO BOWL TOPPINGS FRUIT MILK - VARIETY SALSA KETCHUP RANCH DRESSING	15 Hamburger Noodle Bake LETTUCE SALAD FRUIT MILK - VARIETY RANCH DRESSING	16 NACHOS TOPPINGS REFRIED BEANS BABY CARROTS CELERY STICKS FRUIT MILK - VARIETY
20 SPICY MEATBALLS SW & SOUR CHICKEN RICE EGG ROLL STEAMED BROCCOLI CARROTS FRUIT MILK - VARIETY	21 SLOPPY JOE CORN COLESLAW FRUIT MILK - VARIETY	22 LASAGNA LETTUCE SALAD FRUIT MILK - VARIETY RANCH DRESSING	23 NACHOS TOPPINGS REFRIED BEANS BABY CARROTS CELERY STICKS FRUIT MILK - VARIETY
27 CHICKEN & POTATO BOWL WHOLE GRAIN ROLL FRUIT MILK - VARIETY	28 CHILI CORNBREAD TOPPINGS FRUIT MILK - VARIETY	29 WAFFLE & STRAWBERRIES SCRAMBLED EGGS TATER TOTS FRUIT MILK - VARIETY	30 NACHOS TOPPINGS REFRIED BEANS BABY CARROTS CELERY STICKS FRUIT MILK - VARIETY

Bringing your lunch from home?  
Get a home bag with MILK-FRUIT & VEGGIE for free.  
Ask for a "3 for free" bag

"This institution is an equal opportunity provider"